

OES Cross Country



Our annual cross country meet will take place on Wednesday November 6th at SMS

Students in grades 3-7 are welcome to try out for the team. **Practices will be held at small recess on Mondays, Wednesdays and Fridays.**

Students are expected to attend every practice unless they have communicated with the coaches as to why they have missed practiced.

Our school meet will be held on Friday October 18th starting at 3:00pm. (Meet at Otters Way)

The top finishers in each category will represent OES at the district cross country meet on November 6th.

Run Distances

Tyke Girls	1.5 km (approx.)	3 laps
Tyke Boys	1.5 km (approx.)	3 laps
Peewee Girls	2.0 km (approx.)	4 laps
Peewee Boys	2.0 km (approx.)	4 laps
Bantam Girls	2.5 km (approx.)	5 laps
Bantam Boys	2.5 km (approx.)	5 laps

Please contact Ms Elliott for more information: velliott@sd69.bc.ca